



# 13's at MVA

The 13U program is traditionally for 7<sup>th</sup> graders born on or after September 1, 2005.

## 13U Training Levels (3)

**Competitive:** Players have 2 practices/week and 1 hour of performance training. They play in the local Lakeshore power league (Saturdays only) and attend the 2-day Winter Championships. Athletes can play a winter and/or spring season.

**Regional:** Players have 2 practices/week and 1 hour of performance training. They play in the local Lakeshore power league (Saturdays only), attend 1 regional tournament, and play in the Winter Championships (Sat/Sun). Athletes can play a winter and/or spring season.

**Elite (Full Season):** Players have 3 practices/week and 1 hour of athlete training. They play in the regional Michiana power league (Saturday/Sunday) and attend 7 two-day tournaments throughout the year. Play concludes at the MJVBA Championships the first weekend in June. This level is for our most competitive athletes.

## Upcoming Dates

**Tryouts:** Sunday, Oct 21, 10:00a-1:30p  
\* Spring season Tryouts: March 11 – March 14

**Program Announcement:** On the website Tuesday, Oct 23 at 5pm

**Parent Meeting:** Thursday, Oct 25 at 6:00pm for those who make 13 Elite, Regional, or Competitive Programs

**Practice Starts:** Week of Nov 26 for Elite; Week of Dec 3 for Regional/Competitive

## Tentative Practice/Tournament Information

**Competitive/Regional Practices:** Teams will practice 2 of the following sessions – Tuesdays, Thursdays, Fridays 4:30 – 6:30, or possibly Friday 6:30-8:30.  
\*Once programs are announced we will confirm your teams schedule.

**Elite Practices:** Mondays 4:30 – 6:30, Wednesdays 5:30-7:30, and either Thursdays or Fridays 4:30-6:30.  
\*Schedule will be confirmed after tryouts have concluded.

### Competitive Tournaments:

Potential Dates	Potential Locations
<ul style="list-style-type: none"> <li>Jan 12, Jan 26</li> <li>Feb 23</li> <li>March 2, March 9/10</li> </ul>	<ul style="list-style-type: none"> <li>Grand Rapids (all within 15 miles of MSA Fieldhouse)</li> </ul>

### Regional Tournaments:

Potential Dates	Potential Locations
<ul style="list-style-type: none"> <li>Jan 12, Jan 26</li> <li>Feb 2, Feb 23</li> <li>March 2, March 9/10</li> </ul>	<ul style="list-style-type: none"> <li>Grand Rapids (within 15 miles of MSA Fieldhouse)</li> <li>La Porte, IN</li> </ul>

## Tentative Practice/Tournament Information Continued

### Elite Tournaments:

Potential Dates	Potential Locations
<ul style="list-style-type: none"><li>• Dec 8/9 (Team Building)</li><li>• Jan 5/6, Jan 19/20</li><li>• Feb 2/3, Feb 9/10</li><li>• March 2/3, March 9/10</li><li>• April 13/14, April 27/28</li><li>• May 18/19</li><li>• June 1/2</li></ul>	<ul style="list-style-type: none"><li>• Newaygo</li><li>• Grand Rapids (within 15 miles of MSA Fieldhouse)</li><li>• Fort Wayne</li><li>• Milwaukee</li><li>• Warren/Wixom/Canton</li><li>• Detroit</li></ul>

## Tentative Tuition Information

Competitive: \$710 Tuition  
+ \$120 Gear Player Pack

Regional: \$760 Tuition +  
\$120 Gear Player Pack

Elite: \$1875 Tuition + \$190  
Gear Player Pack + \$525  
Team Travel

## Payment Notes

- Team Travel – 13 Elite will travel and stay as a team (with a chaperone) to Milwaukee (Feb 2/3), Detroit (April 13/14) and their team building retreat at Camp Henry (Dec 8/9). This fee covers travel and lodging costs for the athlete to these events.
- Player Packs include practice t-shirts, Nike long-sleeve jersey(s), AAU membership, water bottle, band, and whistle
- We do offer monthly payment plans at no additional fee.
- Scrip and Savory Foods fundraisers available. Information available at tryouts and the parent meeting.