



# 14's at MVA

The 14U program is traditionally for 8<sup>th</sup> graders born on or after September 1, 2003. We offer 2 levels of training in the Spring:

- **Competitive:** Players are placed on teams of about 10 girls and 1 coach. They have 2 practices per week, 1 hour of performance training at iMove, and play in 4 tournaments
- **Regional:** Players are placed on teams of about 10 girls and 1 coach. They will have 2 practices pre week, 1 hour of athletic performance training at iMove, and play in 5 tournaments. This level is for our most competitive athletes.

## Important Dates:

- Tryouts: Monday March 5, 4:30p-7:00p **and** Tuesday March 6, 4:30p-6:30p
- Program Announcement: On the website Saturday March 10 by 5:00p
- Parent Meeting: **Tentatively** Monday March 12, 6:00p for those who make the Regional/Competitive program
- Practice Starts: Tuesday March 13<sup>th</sup>

## Practice/Tournament Information:

- Tentative Practice Schedule:
  - Competitive/Regional: Teams will practice 2 of the following sessions – Tuesdays, Thursdays, Fridays 4:30 – 6:30. Once program placements are announced we will confirm your practice schedule.
- Tentative Tournament Dates:
  - Competitive:
    - March 24, May 6, May 19 & 20, June 2 & 3
    - Teams will have one regional tournament and the rest within the GR area
  - Regional:
    - March 24, April 21 & 22, May 6, May 19 & 20, June 2 & 3
    - Teams will have one or two regional tournaments and the rest within the GR area

## Tuition Information:

- Competitive: \$704 tuition + \$110 Gear Player Pack
- Regional: \$752 + \$110 Gear Player Pack
- Payment Notes:
  - Player Packs include practice t-shirts, Nike custom long-sleeve jersey(s), AAU membership, water bottle, band, and whistle.
  - **Returning Winter 2018 athletes do not need to purchase a Gear Pack**
  - We do offer monthly payment plans at no additional fee.
  - Scrip and Savory Foods fundraisers available. Information available at tryouts and the parent meeting.