

16 Regional – TJ

COACH: TJ FREDRICK
MASTER COACH: CRAIG VLIETSTRA

Practice Schedule:

Monday 6:30 – 9:00pm
Wednesday 7:30 – 9:30pm

iMove Session:

Wednesday 6:30 - 7:30pm

Tournament Schedule:

Jan 6 | Lakeshore Power League – Grand Rapids
Jan 27 | Lakeshore Power League – Grand Rapids
Feb 10 | Lakeshore Power League – Grand Rapids
Feb 17 - 18 | Presidents' Day Challenge – Lansing/Detroit
Feb 24 | Lakeshore Power League – Grand Rapids
March 3 & 4 | MVA Winter Bash – Grand Rapids

| Name | Position | Uniform # | Grad Year | Height | Reach | Approach | College |
|---------------------|-----------------------|-----------|-----------|--------|-------|----------|----------------------|
| Skylar Baker | Setter | 66 | 2020 | 5'7" | 7'2" | 8'10" | No verbal commitment |
| Anna Brown | Outside/Middle Hitter | 41 | 2020 | 5'10" | 7'5" | 9'5" | No verbal commitment |
| Megan Jones | Outside Hitter | 4 | 2020 | 5'11" | 7'6" | 8'11" | No verbal commitment |
| Mya Kaywood | Outside Hitter | 18 | 2020 | 5'6" | 7'2" | 9'0" | No verbal commitment |
| Ashley Kilinski | Defensive Specialist | 51 | 2020 | 5'5" | 7'0" | 8'4" | No verbal commitment |
| Grace Lilly | Outside/Middle Hitter | 65 | 2021 | 5'10" | 7'5" | 9'5" | No verbal commitment |
| Katherine Mullennix | Outside/Middle Hitter | 96 | 2020 | 5'9" | 7'5" | 9'1" | No verbal commitment |
| Zoe Ornelas | Middle Hitter | 29 | 2020 | 5'9" | 7'4" | 8'10" | No verbal commitment |
| Macey Sevigny | Defensive Specialist | 33 | 2020 | 5'6" | 7'1" | 8'1" | No verbal commitment |
| Paige VanderGoot | Defensive Specialist | 27 | 2021 | 5'3" | 6'7" | 8'6" | No verbal commitment |