

# 13 Regional – Kayla

COACH: KAYLA SALYER  
MASTER COACH: CRAIG VLIETSTRA

**Practice Schedule:**

Tuesday 4:30 – 6:30pm  
Friday 4:30 – 6:30pm

**iMove Session:**

Friday 6:30 - 7:30pm

**Tournament Schedule:**

Jan 13 | Lakeshore Power League – Grand Rapids  
Jan 20 | Lakeshore Power League – Grand Rapids  
Feb 10 | Lakeshore Power League – Grand Rapids  
Feb 17 - 18 | Presidents' Day Challenge – Lansing/Detroit  
Feb 24 | Lakeshore Power League – Grand Rapids  
March 3 & 4 | MVA Winter Bash – Grand Rapids

<b>Uniform #</b>	<b>First Name</b>	<b>Last Name</b>	<b>Graduation Year</b>
75	Sabina	Cumming	2023
95	Lauren	DeJonge	2023
93	Katelynn	Heilman	2023
57	Kennedy	Louisell	2023
88	Reese	Maxwell	2023
45	Meara	Schneider	2023
62	Olivia	Staley	2023
63	Reilly	Stay	2023
64	Payton	Sturgis	2023