

13 Competitive - Lauren

COACH: LAUREN HELSEN
MASTER COACH: ANNA TOLLEFSON

Practice Schedule:

Thursday 4:30 – 6:30pm

Friday 4:30 – 6:30pm

iMove Session:

Friday 6:30 - 7:30pm

Tournament Schedule:

Jan 13 | Lakeshore Power League – Grand Rapids

Jan 20 | Lakeshore Power League – Grand Rapids

Feb 10 | Lakeshore Power League – Grand Rapids

Feb 24 | Lakeshore Power League – Grand Rapids

March 3 & 4 | MVA Winter Bash – Grand Rapids

Uniform #	First Name	Last Name	Graduation Year
24	Anna	Kinsman	2023
34	Sophia	Modderman	2023
18	Pier	Morant	2023
42	Jayce	Oneill	2023
44	Avery	Palmateer	2023
87	Olivia	Rhoda	2023
90	Taylor	Somerville	2023
20	Rachel	Williamson	2023
28	Amanda	Wolf	2023
60	Stella	Zordan	2023