

17 Regional – Alyssa

COACH: ALYSSA VANDYKE
MASTER COACH: CRAIG VLIETSTRA

Practice Schedule:

Monday 6:30 – 9:00pm
Wednesday 7:30 – 9:30pm

iMove Session:

Wednesday 6:30 - 7:30pm

Tournament Schedule:

Jan 6 | Lakeshore Power League – Grand Rapids
Jan 27 | Lakeshore Power League – Grand Rapids
Feb 10 | Lakeshore Power League – Grand Rapids
Feb 17 - 18 | Presidents' Day Challenge – Lansing/Detroit
Feb 24 | Lakeshore Power League – Grand Rapids
March 3 & 4 | MVA Winter Bash – Grand Rapids

Uniform #	First Name	Last Name	Graduation Year
11	Sadie	Dozeman	2020
87	Jenisa	Henry	2019
95	Raeli	Heppe	2019
91	Mackenzie	Martin	2019
17	Ella	Mealey	2021
31	Haley	Nauta	2020
76	Alexa	Steele	2019
93	Elizabeth	Thomas	2019
54	Whitney	VandenBosch	2020