



13's at MVA

The 13U program is traditionally for 7th graders born on or after September 1, 2004. We offer 3 levels of training.

- **Competitive:** Players have 2 practices/week and 1 hour of performance training. They play in the local Lakeshore power league (Saturdays only) and attend the Winter Championships (Sat/Sun). Athletes can play a winter and/or spring season.
- **Regional:** Players have 2 practices/week and 1 hour of performance training. They play in the local Lakeshore power league (Saturdays only), play in the President's Day Challenge (Sat/Sun) and attend the Winter Championships (Sat/Sun). Athletes can play a winter and/or spring season.
- **Elite (Full Season):** Players have 3 practices/week and 1 hour of athlete training. They play in the regional Michiana power league (Saturday/Sunday) and attend 7 two-day tournaments throughout the year. Play concludes at the MJVBA Championships the first weekend in June. This level is for our most competitive athletes.

Important Dates:

- Tryouts: Sunday, Oct 22, 10:00a-1:30p
- Program Announcement: On the website Tuesday, Oct 24 at 5pm
- Parent Meeting: Wednesday, Oct 25 at 6:00pm for those who make 13 Elite, Regional, or Competitive Programs
- Practice Starts: Week of Nov 27 for Elite; Week of Dec 4 for Regional/Competitive
- Spring season Tryouts: March 5 – March 8

Practice/Tournament Information:

- Tentative Practice Schedule:
 - Competitive/Regional: Teams will practice 2 of the following sessions – Tuesdays, Thursdays, Fridays 4:30 – 6:30, or possibly Friday 6:30-8:30. Once programs are announced we will confirm your teams schedule.
 - Elite: Mondays 4:30 – 6:30, Wednesdays 5:30-7:30, and either Thursdays or Fridays 4:30-6:30 – schedule will be confirmed after tryouts have concluded.
- Tentative Tournament Dates:
 - Competitive:
 - Jan 13, Jan 20, Feb 10, Feb 24, March 3/4
 - All within 15 miles of MSA Fieldhouse
 - Regional:
 - Jan 13, Jan 20, Feb 10, Feb 17/18, Feb 24, March 3/4
 - One regional tournament on Feb 17/18 (Landing or Detroit), All other events within 15 miles of MSA Fieldhouse
 - Elite:
 - Jan 6/7, Jan 13/14, Jan 27/28, Feb 3/4, Feb 24/25, March 3/4, April 21/22, April 28/29, May 19/20, June 2/3
 - Locations are Grand Rapids, Cleveland, Warren/Detroit, Milwaukee
 - The Elite Team will have one team building retreat weekend on Dec 9/10

Tuition Information:

- Competitive: \$704 tuition + \$110 Gear Player Pack
- Regional: \$756 tuition + \$110 Gear Player Pack
- Elite: \$1870 tuition + \$185 Gear Player Pack + \$665 Team Travel
- Payment Notes:
 - Player Packs include practice t-shirts, Nike long-sleeve jersey(s), AAU membership, water bottle, band, and whistle
 - Team Travel – 13 Elite will travel and stay as a team (with a chaperone) to Cleveland (1/13&14), Milwaukee (2/3&4), Detroit (4/21&22) and one team building retreat at Camp Henry (12/9&10). This cost covers travel and lodging costs for the athlete to these events.
 - We do offer monthly payment plans at no additional fee.
 - Scrip and Savory Foods fundraisers available. Information available at tryouts and the parent meeting.

	<i>13U Schedules 7th Grade</i>	<i>13 Elite</i>	<i>13 Regional Winter</i>	<i>13 Competitive Winter</i>
Friday	1-Dec-17	Practice Starts		
Thursday	7-Dec-17		Practice Starts	
Friday	8-Dec-17			Practice Starts
Saturday	9-Dec-17	Camp Henry Retreat		
Sunday	10-Dec-17	Camp Henry Retreat		
Thursday	21-Dec-17	Winter Break Begins	Winter Break Begins	Winter Break Begins
Tuesday	2-Jan-18		Practice Resumes	Practice Resumes
Wednesday	3-Jan-18	Practice Resumes		
Saturday	6-Jan-18	Michiana PL		
Sunday	7-Jan-18	Michiana PL		
Saturday	13-Jan-18	MLK Cleveland	Lakeshore PL	Lakeshore PL
Sunday	14-Jan-18	MLK Cleveland		
Saturday	20-Jan-18		Lakeshore PL	Lakeshore PL
Sunday	21-Jan-18			
Saturday	27-Jan-18	Michiana PL		
Sunday	28-Jan-19	Michiana PL		
Saturday	3-Feb-18	MKE Freeze - Milwaukee		
Sunday	4-Feb-18	MKE Freeze - Milwaukee		
Saturday	10-Feb-18		Lakeshore PL	Lakeshore PL
Sunday	11-Feb-18			
Saturday	17-Feb-18		Presidents Day Challenge	
Sunday	18-Feb-18		Presidents Day Challenge	
Saturday	24-Feb-18	Michiana PL	Lakeshore PL	Lakeshore PL
Sunday	25-Feb-18	Michiana PL		
Saturday	3-Mar-18	Winter Bash	Winter Bash	Winter Bash
Sunday	4-Mar-18	Winter Bash	Winter Bash	Winter Bash
	Week of Mar 5	No Practice	Spring Tryouts	Spring Tryouts
Saturday	10-Mar-18			
Sunday	11-Mar-18			
Saturday	17-Mar-18			
Sunday	18-Mar-18			
Saturday	24-Mar-18			
Sunday	25-Mar-18			
Thursday	29-Mar-18	Spring Break Begins		
Friday	30-Mar-18	Spring Break		
Saturday	31-Mar-18	Spring Break		
Sunday	1-Apr-18	Easter		
Saturday	7-Apr-18	Spring Break		
Sunday	8-Apr-18	Spring Break		
Monday	9-Apr-18	Practice Resumes		
Saturday	14-Apr-18			
Sunday	15-Apr-18			
Saturday	21-Apr-18	Motor City Madness		
Sunday	22-Apr-18	Motor City Madness		
Saturday	28-Apr-18	Volleyfest		
Sunday	29-Apr-18	Volleyfest		
Saturday	5-May-18			
Sunday	6-May-18			
Saturday	12-May-18			
Sunday	13-May-18	Mother's Day		
Saturday	19-May-18	Spring Fling		
Sunday	20-May-18	Spring Fling		
Saturday	26-May-18			
Sunday	27-May-18			
Monday	28-May-18	Memorial Day		
Saturday	2-Jun-18	MJVBA Championships		
Sunday	3-Jun-18	MJVBA Championships		