



15U-18U at MVA

The 15U program is typically for 9th graders born on or after September 1, 2001. The 16U program is typically for 10th graders born on or after September 1, 2000. The 18/17 program is traditionally for 12th and 11th graders. We offer 2 levels of training.

- **Competitive:** Players are placed on teams of 10 girls with 1 coach per team. They will have 2 practices/week, 1-hour of iMove Training per week, and 1 one-day tournaments and 3 two-day tournaments.
- **Regional:** Players are placed on teams of 10 girls with 1 coach per team. They will have 2 practices/week, 1-hour of iMove Training per week, and 1 one-day tournaments and 4 two-day tournaments (one in Detroit). This level is for our most competitive spring athletes.

Important Dates:

- Tryouts: Monday March 6 from 6:30-9pm and Wednesday March 8 from 7-9pm
- Program Announcement: On the website Saturday, March 11 by Noon
- Parent Meeting: Monday, March 13 at 6:00 for those who make the Competitive and Regional Programs
- Practice Starts: March 15 (Competitive/Regional)

Practice/Tournament Information:

- Tentative Practice Schedule:
 - Competitive/Regional: Mondays, 6:30 – 9:00 and Wednesdays, 7:30 – 9:30
- Tentative Tournament Dates:
 - Competitive Tournament Dates:
 - Mar 25, May 6&7, May 20&21, Jun 3&4
 - All tournaments are in the Grand Rapids area
 - Regional Tournament Dates:
 - Mar 25, Apr 29&30, May 6&7, May 20&21, Jun 3&4
 - All tournaments are in the Grand Rapids area (except the Apr 29&30 tournament in Detroit)

Tuition Information:

- Competitive: \$752 tuition + \$110 Gear Player Pack
- Regional: \$824 tuition + \$110 Gear Player Pack
- Payment Notes:
 - Player Packs include practice t-shirts, Nike long-sleeve jersey, AAU membership, MJVBA membership, water bottle, band, and whistle
 - **Returning winter 2017 Athletes** do not need to purchase the Gear Player Pack for Spring
 - We do offer monthly payment plans at no additional fee
 - Scrip and Janie's cookie fundraisers available. Information available at tryouts and the parent meeting.